

One of our Affinity Meetings this spring covered the issues faced by individuals who are differently abled. As an exercise, we put our heads together and brainstormed the many classroom interventions and accommodations we have in place to help all of our students feel successful. This list is a compilation of those. As a team, we are always looking for additional ways to support our learners.

Universal, Specialized, and Intensive Supports

- Flexible seating
- Flexible eating schedule
- Flexible with routines (like snack)
- Lap/weighted toys
- Sign language
- Adaptive scissors
- Sensory/fidget toys
- At-your-pace learning
- Large pencil grips
- Triangle pencil shapes
- Books without words
- Multiple learning approaches
- Weighted vests
- Allowing outside specialists
- Visual cues (for learning routines)
- Yoga/grounding mindfulness
- Calming corner (indoor & outdoor)
- Brushing
- Headphones
- Multi-sensory activities
- Breaking things down into small steps
- Range of outdoor motor activities
- Teacher-led sensory support / hug
- Animals for regulation and sensory experiences

- Creating one-on-one support for brief periods of time to allow for regrouping
- Encouraging regular movement of their bodies
- Outdoor gear swap to allow for adequate clothing for all
- Providing gear for students on scholarship
- Special arrangements for children with carpool challenges
- Outdoor stroller or wagon for walking challenges
- Allergies - using rice flour for play dough
- Flexible clothing options (inside and outside)
- Child placement (room size/layout that is optimal)
- Food options / offering alternative snacks