

One of our ABAR Meetings covered the issues faced by individuals who are differently abled. As an exercise, we put our heads together and brainstormed the many classroom interventions and accommodations we have in place to help all of our students feel successful. This list is a compilation of those. As a team, we are always looking for additional ways to support our learners.

Universal, Specialized, and Intensive Supports

- Flexible seating
- Flexible with routines (ie, snack)
- Sign language
- Sensory / fidget toys
- Large pencil grips
- Books without words
- Weighted vests
- Visual cues (for learning routines)
- Calming corner (in & outdoor)
- Headphones
- Breaking things into small steps
- Range of outdoor motor activities
- Teacher-led sensory support / hug
- Animals for regulation and sensory experiences
- Outdoor gear swap to allow for adequate clothing for all
- Providing gear for students on scholarship
- Flexible eating schedule
- Lap / weighted toys
- Adaptive scissors

- At-your-pace learning
- Triangle pencil shapes
- Multiple learning approach
- Allowing outside specialists
- Yoga / grounding mindfulness
- Brushing
- Multi-sensory activities
- Creating 1 on 1 support for brief periods to allow for regrouping
- Encouraging regular movement of their bodies
- Special arrangements for children with carpool challenges
- Outdoor stroller or wagon for walking challenges
- Allergies using rice flour for play dough
- Flexible clothing options (in & outside)
- Child placement (optimal room size / layout)
- Food options / offering alternative snacks